Wetland birds of middle Vistula River during breeding season: the impact of human activities on the distribution, abundance and richness of species*

Awifauna wodno-błotna środkowej Wisły w okresie lęgowym: wpływ działalności człowieka na rozmieszczenie, liczebność i bogactwo gatunkowe

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Abstract: The inventory of birds was conducted in the years 2005-2010 on the Vistula River section between Dęblin (km 388 of the river) and Podwierzbie (km 435 of the river). The study area includes a southern section of the European Ecological Natura 2000 Site in Poland PLB140004 "Middle Vistula River Valley" (IBA, PL083). On most areas the Vistula flows here within unregulated or relatively little modified riverbed, having features of a natural, lowland, braided river. Sandy islands and braid bars within a main channel, steep banks and old riparian afforestation create the unique breeding habitats of the Vistula River Valley. Especially the river channel habitats provide suitable breeding sites for many rare bird species, constituting for some of them the key-breeding sites. There are, however, fragments of several kilometres, where people transformed the Vistula River in a more noticeable way (Table 1). These are, among others: an urban section within Dęblin boundaries (km 388 to km 393 of the river), a fragment adjacent to Kozienice Power Plant (km 421 to km 426) and the area, where since 2007 gravel for industry has been mined from the river bottom (km 426 to km 431). The aim of this inventory was the comparison of richness and abundance of breeding bird species linked directly to the river channel in fragments mentioned above. It will allow to estimate soberly how very the intensity of human utilization of the river affects the distribution of avifauna of the Vistula, determining the richness and abundance of valuable and/or endangered species breeding in a given area.

In the years 2007-2009 within a whole study area 32 breeding species characteristic for the riverbed and its surroundings were recorded. Among them 6 are threatened in Poland: mew gull (*Larus canus*), little tern (*Sternula albifrons*), ringed plover (*Charadri-us hiaticula*), Eurasian oystercatcher (*Haematopus ostralegus*), corncrake (*Crex crex*) and hoopoe (*Upupa epops*) (Table 2a, b). The comparison of bird richness revealed significant differences between adjoining fragments of the river (Table 3). Decidedly the most valuable was the section between Wróble and Kozienice Power Plant (km 416-421). The Vistula River flows here within a riverbed only a little changed by man. It has an appearance typical for a large, lowland braided river with meandering channels, network of small side channels, steep banks, sandy bars and different kind of islands. Such differentiated environment is reflected in richness of birds. The association of 27-30 species reached here the total density of 337-397 pairs/km along the river, unparalleled in other habitats (Table 3). The urban section within Dęblin boundaries (km 388-393) and a 5-kilometer-long area of gravel mining (km 426-431) were much less attractive for birds. Straight, much narrower river channel, small number of islands in a main channel and a degraded valley in the vicinity of river banks caused, that only six to ten species nested there, of the total density ranged between 2.0-2.7 pairs/km on the urban fragment and 3.8-6.6 pairs/km within the gravel pit area (Table 3). However, these values are quite high in comparison

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to those recorded for the fragment adjoining Kozienice Power Plant (km 421-426). The river channel is here clearly contracted and the bottom is deepened. The river flows fast within one channel. Numerous, concrete, submerged groynes, revetments on both sides of the river and a bank made of concrete, protecting a power station are very characteristic for this place. Such a man-made environment almost excludes the possibility of breeding of birds within a riverbed. Only single pairs of lapwings (*Vanellus vanellus*), common sandpipers (*Actitis hypoleucos*), little ringed plovers (*Charadrius dubius*) and goosanders (*Mergus merganser*) occurred here, sporadically also common terns (*Sterna hirundo*) (Table 2a,b). The total density was very low and did not exceed 1.5 pairs/km along the river.

The yearly surveys of birds in the years previous to and after beginning of a gravel and sand mining from the river bottom allowed to estimate if the development had changed somehow the status of riparian bird populations. During three years of an activity a negative impact of the development on the richness and abundance of bird species was not recorded, both in direct vicinity and on the fragment below (Table 4). Not the small harmfulness of the development finally influences the status and changes of avifauna in these sections, but the place where it is situated. It should be kept in mind that the sand mining takes place only within 2 km of the section of Vistula that is regulated to a large degree, and the section above is almost unavailable for riparian birds (Kozienice Power Station). One can assume with high probability bordering on certainty that when the gravel excavation took place on the fragment between km 393 and km 421 or below km 431 of the river, the negative impact of the development on breeding habitats and avifauna of the river channel would be much more noticeable and worse still – it would be irreversible. Both fragments mentioned above are now unique places, where the bird association characteristic for the unregulated channel of lowland river can be found – the environment, which irrevocably declines due to human activities.

Keywords: avifauna of Vistula River, threats for riparian birds, river regulation, gravel and sand mining

Streszczenie: Monitoring ptaków prowadzono w latach 2005-2010 na fragmencie rzeki między Dęblinem (388 km rzeki) i Podwierzbiem (435 km). Obejmuje on południową część Europejskiej ostoi Natura 2000 PLB140004 "Dolina Środkowej Wisły" (ostoi IBA, PL083). Na przeważającym obszarze Wisła płynie tu nieregulowanym lub przekształconym jedynie w niewielkim stopniu korycie, mając charakter nizinnej rzeki roztokowej. Unikalnymi siedliskami lęgowymi doliny Wisły są piaszczyste wyspy i ławice w nurcie, urwiste brzegi oraz stare zadrzewienia łęgowe. Zwłaszcza siedliska nurtu rzeki dostarczają dogodnych miejsc gniazdowania dla wielu rzadkich gatunków ptaków, stanowiąc dla niektórych z nich kluczowe lęgowisko w kraju. Są jednak i kilkukilometrowe fragmenty, gdzie Wisła została przekształcona przez człowieka w sposób bardziej widoczny. Do takich należą między innymi: miejski odcinek rzeki na wysokości Dęblina (388-393 km rzeki) oraz fragment na wysokości Elektrowni Kozienice (421-425 km) oraz obszar, gdzie od 2007 roku wydobywane jest z dna rzeki kruszywo na cele gospodarcze (426-430 km).

Celem monitoringu było porównanie składu i liczebności lęgowych gatunków ptaków związanych z korytem rzeki na wymienionych odcinakach Wisły. Pozwoli to realnie ocenić na ile intensywność wykorzystania Wisły przez człowieka wpływa na rozmieszczenie ornitofauny w dolinie Wisły, decydując o różnorodności gatunkowej i liczbie gatunków cennych i/lub zagrożonych gnieżdżących się w danym miejscu.

W latach 2007-2009 badań na całym fragmencie Wisły objętym badaniami stwierdzono obecność 32 gatunków ptaków charakterystycznych dla koryta i doliny rzeki. Wśród nich było 6 gatunków zagrożonych wyginięciem w skali kraju: mewa siwa (Larus canus), rybitwa białoczelna (Sternula albifrons), sieweczka obrożna (Charadrius hiaticula), ostrygojad (Haematopus ostralegus), derkacz (Crex crex) i dudek (Upupa epops). Porównanie składu gatunkowego awifauny pokazuje duże różnice między sąsiadującymi ze sobą odcinkami rzeki. Zdecydowanie najcenniejszym był fragment między Wróblami i Elektrownią Kozienice (416-420 km). Wisła płynie tu korytem tylko w niewielkim stopniu zmienionym. Ma charakter typowy dla dużej, nizinnej rzeki roztokowej z licznymi odnogami, urwistymi brzegami, ławicami piachu i wyspami o różnym charakterze. Tak zróżnicowane środowisko ma swoje odzwierciedlenie w różnorodności gatunkowej ptaków. Zespół 27-30 gatunków osiągał tu, niespotykane w innych środowiskach, zagęszczenie 337-397 par/km biegu rzeki. Miejski fragment rzeki na wysokości Dęblina (388-393 km rzeki) i 5-kilometrowy obszar wydobywania kruszywa z dna Wisły (425-430 km) były dla ptaków o wiele mniej atrakcyjne. Proste, dużo węższe koryto, mała liczba wysp w nurcie i zdegradowana dolina rzeki w bezpośredniej bliskości brzegów powodowała, że gnieździło się tutaj od 6 do 10 gatunków ptaków, których zagęszczenie wahało się od 2,0-2,7 par/km rzeki na odcinku miejskim, do 3,8-6,6 par/ km rzeki na fragmencie rzeki, gdzie wydobywane było kruszywo. Wartości te są jednak i tak wysokie, w porównaniu ze stanem odnotowanym na wysokości Elektrowni Kozienice (420-425 km rzeki). Koryto jest tu wyraźnie zwężone i pogłębione, rzeka płynie wartko jedną strugą, a charakterystycznym elementem w nurcie są liczne betonowe ostrogi i opaski po obu stronach rzeki oraz betonowy brzeg chroniący Elektrownię. Taki obraz wyklucza niemal zupełnie możliwość gniazdowania ptaków w korycie. Spotyka się tutaj jedynie pojedyncze pary czajki (Vanellus vanellus), piskliwca (Actitis hypoleucos), sieweczki rzecznej (Charadrius dubius), nurogęsia (Mergus merganser), a wyjątkowo również rybitwy rzecznej (Sterna hirundo). Zagęszczenie zespołu ptaków jest bardzo niskie i nie przekracza zazwyczaj 1,5 par/km rzeki. Coroczny monitoring ptaków w latach poprzedzających i już po rozpoczęciu

wydobywania kruszywa z dna rzeki pozwolił ocenić czy inwestycja ta w jakikolwiek sposób zmieniła obraz awifauny. W ciągu trzech lat przedsięwzięcia nie zanotowano negatywnego wpływu inwestycji na różnorodność gatunkową i liczebność ornitofauny tak w bezpośrednim otoczeniu, jak na fragmencie rzeki poniżej. Na obraz i zmiany ornitofauny tych miejsc w decydującym stopniu wpływa nie tyle mała szkodliwość rodzaju inwestycji, co miejsce jej usytuowania. Należy przypomnieć, że pobór kruszywa odbywa się jedynie na odcinku dwóch kilometrów, w dużym stopniu uregulowanej rzeki, a fragment rzeki bezpośrednio powyżej praktycznie jest niedostępny dla ptaków (Elektrownia Kozienice). Z prawdopodobieństwem graniczącym z pewnością można założyć, że w sytuacji, kiedy pobór kruszywa odbywałby się na fragmencie rzeki między 394-420 km lub poniżej 431 km szlaku wodnego negatywny wpływ na siedliska lęgowe i awifaunę koryta rzeki byłby bardzo dobrze widoczny i co gorsze – zapewne nieodwracalny. Oba wymienione wyżej fragmenty są obecnie unikalnym już miejscem, gdzie można spotkać zespół ptaków charakterystyczny dla koryta nieuregulowanej rzeki nizinnej – środowiska, które w związku z działalnością człowieka bezpowrotnie zanika.

Słowa kluczowe: ptaki Wisły, zagrożenia awifauny rzek, regulacja rzek, pobór kruszywa

Introduction

The European IBA (Important Bird Area) "Middle Vistula River Valley" (PL 083 Poland) covers more than 260 km of the Vistula River between Puławy (km 370 of the waterway) and Płock (km 632 of the river). The area was included in the Natura 2000 network as a special protection area (SPA) - Middle Vistula River Valley, PLB140004 (Sidło et al. 2004). The section of the river between km 388 to km 435 of the waterway covers the southern part of this bird sanctuary. For the most part, the Vistula flows here within unregulated or relatively little modified riverbed, exhibiting features of a lowland braided river. Sandy beaches and bars in the channel, steep banks and old riparian afforestation form unique sites in the valley. River channel habitats provide suitable nesting sites for many rare bird species, providing for some of them the key-breeding site in the country. However, there are fragments of several kilometres, where people transformed the river in a more noticeable way. An example of this is an urban section of the river within Deblin boundaries or its fragment adjacent to the Kozienice Power Plant (Table 1).

The aim of this paper is to compare the composition and abundance of breeding bird species linked with the riverbed in the aforementioned sections of the Vistula. We also wanted to check whether the start of gravel and sand mining from the bottom of the river below the Kozienice Power Plant (from km 426 to km 431, Table 1) would

affect the number and diversity of the birds there. A comparison of the breeding avifauna of different sites transformed by man to varying degrees will also allow us to assess to what extent the character of a given site determines the distribution of valuable and endangered species.

1. Material and methods

The inventory included bird species inhabiting islands and bars in the channel and the valley in the immediate vicinity of the river (up to 50 m from the river). Special attention was paid to the presence of species listed in Annex I of the Birds Directive, in the Polish Red Book of Animals, and recognised as valorising Special Protection Areas of Natura 2000 (SPAs) in Poland (Głowaciński 2001, Gromadzki 2004).

The number and distribution of birds inhabiting islands, bars and steep banks were determined according to the standard method of riverbed avifauna monitoring, which involves carrying out two surveys (boating expeditions) (e.g. Wesołowski et al. 1984; Bukaciński et al. 1994; Keller et al. 2000). The large width and braided character of the river meant that, in addition to the survey of the main channel, a lot of attention was paid to checking the side channels which were usually characterised by islands and peninsulas with heavy vegetation. For some species (e.g. the common sandpiper, little ringed plover, or sand martin) these sites are as important as the islands in the channel (e.g.

Dombrowski et al. 1994). We navigated the river in an inflatable motor boat. During the boating expedition, every larger island and bar was inspected on foot, with nesting sites, families with young, mating or

anxious birds were recorded on 1:15,000 scale topographic maps. The steep riverbanks (counting the nesting burrows) and small, flat, sandy bars were inspected directly from the boat.

Border locations and the kilometres of the river	Type and extent of transformation of the inter-embankment zone	Riverbed characteristics
Dęblin km 388 to km 393	Urban section, regulated to a large degree. A number of hydrotechnical facilities constructed along the entire length of the river: groynes, revetments, bridges, reinforcements of the banks with concrete or rubble.	A straight, deep, narrow riverbed with a small number of islands situated only near the banks of the river; sandy bars only in the borderline sections and sand depositions between the groynes
Wróble-Kochów km 416 to km 421	A fragment slightly changed by man. Single groynes and dams.	Wide, shallow and winding with a large number of channels; the river flows in several channels. A large number of very diverse islands and bars in the channel. Banks are usually earthy, often steep, naturally sinking.
Kochów-Świerże Górne (Kozienice Power Plant) km 421 to km 426	Transformed and regulated to a large degree: a large number of densely distributed groynes and river walls on both banks, with large sections of the banks being reinforced with concrete.	Straight, deep and narrow, no islands or bars in the channel. Few, strongly overgrown peninsulas and depositions between the groynes, no periodically appearing sandy bars.
Świerże Górne- Pasternik (Radomka River mouth) km 426 to km 431	River bottom used for gravel and sand mining. A fewer number of hydrotechnical facilities, with only single groynes and river walls; some sections of the banks locally reinforced with rubble or concrete.	A medium width riverbed of variable depth. In the lower part of the section the presence of individual islands at the shores, sandy bars and side channels.
Pasternik- Podwierzebie km 431 to km 436	A fragment slightly changed by man. Single groynes, some sections of the banks locally reinforced with rubble.	Wide, quite shallow, with few channels. River flowing in several channels. A small number of large, usually islands with heavy vegetation; presence of sandy bars in the channel.

The survey dates were attempted to be set in the optimal period, taking into account the breeding phenology of individual bird species and the current dynamics of the river levels. The first boating expedition usually took place in the first half of May. The counts included the species which began to reproduce the earliest, including mainly gulls, ducks and most charadriiformes and birds of prey. During the second survey, which usually took place in the first or second decade of June, the number of terns, sand martins, common sandpipers, common kingfishers, and ducks with the young (mainly goosanders) was monitored. An important supplement to the results from the boating expedition was the repeated monitoring of selected (larger) islands and bars, which was carried out annually in the April-July period as part of activities aimed at active protection of the endangered bird species. Although every effort has been made to carry out the monitoring as accurately as possible, the resulting assessments of abundance are usually subject to some error. Most often the numbers of birds are underestimated due to more difficult species detection (e.g. ducks) or the specificity of the method that prevents full registration of breeding sites (most passerines). In situations where we were not sure of the exact number of given species, we estimated it by giving a range of minimum and maximum values. This way we reduced the possible error to a minimum.

In this paper we will present the results of monitoring mainly from 2007 and 2009, characterising the species composition, abundance and general density of birds in the specified five-kilometre-long fragments of the river, differing in the degree of transformation and use of the valley by man. For the sections of the river where gravel and sand were mined, the results of monitoring in 2005, 2008 and 2010 are also presented. The threatened species are those listed in the last edition of the Polish Red Book of Animals (Głowaciński 2001), vulnerable in Europe (corncrake and hoopoe) and the mew gull (*Larus canus*, not long ago referred to as the common gull), which in the last quarter of the century has recorded a drastic decline in Poland (Bukaciński, and Bukacińska 2003, 2007, 2009).

2. Habitat and faunistic characteristics of selected fragments of the Vistula River

In 2007 and 2009, a total of 32 bird species characteristic for the riverbed and valley were found on the studied parts of the middle Vistula. Among them there were six species threatened on a nation-wide scale, i.e. the mew gull, little tern, ringed plover, Eurasian oystercatcher, corncrake and hoopoe (Table 2a, b). The analysis of the species composition and abundance of avifauna in adjacent parts of the river shows large differences in the species diversity of these sites (Table 2a, b, Table 3). Detailed habitat and faunistic characteristics of these sites are presented below.

2.1. The urban section of the river in Dęblin (km 388 to km 393)

The Vistula flows here along a straight, not very wide (300-400 m) channel. Few islands with heavy vegetation, including trees and/or willow and poplar shrubs are located close to the riverbanks. At low water levels, non-durable sandy bars appear on the border kilometres of the section (Table 1). The composition of the breeding avifauna of this site is equally determined by the habitat specificity of the river, as well as by the increased human interference associated primarily with individual tourism, urban noise and inland navigation. In 2007 and 2009, only 6-8 species of birds were nesting there, at a total density not exceeding 2.7 pairs/km along the river (Table 2a, b, Table 3). However, it is worth noting that the presence of low sandy bars in the channel allowed for the presence of two endangered species: the little tern and the ringed plover (Table 2a, b). However, the total density of these species is very low, 0.5-0.6 pairs/ km and never higher than 1.0 pairs/km along the river (Table 3).

(a)		River c	haracteristics		
2007	Urban - - Dęblin	Natural - above the development	Completely transformed - Kozienice Power Plant	Development = sand extraction from riverbed	Natural, below the development
Species	km 388 to km 393	km 416 to km 420	km 421 to km 425	km 426 to km 430	km 431 to km 435
Black-headed gull Chroicocephalus ridibundus	0	1400-1600	0	0	0
Mediterranean gull Ichthyaeus melanocephalus	0	1	0	0	0
Mew gull Larus canus	1-2	62	0	0	2
Common tern Sterna hirundo	5	65-75	2-4	0	20-30
Little tern Sternula albifrons	2-3	17-22	0	0	10-12
Little ringed plover <i>Charadrius dubius</i>	1	5-7	1	4	4
Ringed plover Charadrius hiaticula	0	8-9	0	3	1
Lapwing <i>Vanellus vanellus</i>	1	3-5	1	3	2
Common redshank Tringa totanus	0-1	1	0	4	2
Eurasian oystercatcher	0	1	0	0	0

Table 2. Abundar on chosen fragm

Ringed plover Charadrius hiaticula	0	8-9	0	3	1
Lapwing Vanellus vanellus	1	3-5	1	3	2
Common redshank Tringa totanus	0-1	1	0	4	2
Eurasian oystercatcher Haematopus ostralegus	0	1	0	0	0
Common sandpiper Actitis hypoleucos	1-2	6-7	1	1	1-2
Black-tailed godwit <i>Limosa limosa</i>	0	1	0	1	1
Mallard Anas platyrhynchos	0	10-12	0	2-3	4-6
Gadwall Anas strepera	0	1-2	0	0	1-2
Garganey Anas querquedula	0	1	0	0	2
Northern shoveler Anas clypeata	0	1	0	0	0
Tufted duck Aythya fuligula	0	1	0	0	0
Goosander Mergus merganser	1-2	2-4	3	1	2

Corncrake Crex crex	0	2	0	0	2
Western marsh harrier <i>Circus aeruginosus</i>	0	0	0	0	1
Long-eared owl <i>Asio otus</i>	0	1	0	0	0
Hoopoe Upupa epops	0	1	0	0	1
River warbler Locustella fluviatilis	0	2-3	0	0	2
Common kingfisher Alcedo atthis	0	1-2	0	0	1
Sand martin <i>Riparia riparia</i>	0	160-170	0	0	800
European green woodpecker <i>Picus viridis</i>	0	2	0	0	1
Black woodpecker Dryocopus martius	0	1	0	0	0
Eurasian penduline tit <i>Remiz pendulinus</i>	0	3-5	0	0	2-3

(b)					
2009	Urban - - Dęblin	Natural - above the development	Completely transformed - Kozienice Power Plant	Development = sand extraction from riverbed	Natural, below the development
Species	km 388 to km 393	km 416 to km 420	km 421 to km 425	km 426 to km 430	km 431 to km 435
Black-headed gull Chroicocephalus ridibundus	0	1500-1800	0	0	0
Caspian gull Larus cachinnans	0	1	0	0	0
Mediterranean gull Ichthyaeus melanocephalus	0	1-2	0	0	0
Mew gull Larus canus	0	36	0	1	2
Common tern Sterna hirundo	2	35-41	0	10-12	23-28
Little tern Sternula albifrons	5	7-11	0	5	10-12
Little ringed plover Charadrius dubius	1	15-18	1	0-1	1-2

Ringed plover Charadrius hiaticula	1	13-14	0	0	3
Lapwing Vanellus vanellus	0	5	1	2	11-12
Common redshank <i>Tringa totanus</i>	0	3	0	1	1
Eurasian oystercatcher Haematopus ostralegus	0	2	0	0	0
Common sandpiper Actitis hypoleucos	1	9-10	0-1	0-1	2-3
Black-tailed godwit <i>Limosa limosa</i>	0	1	0	0	0
Mallard Anas platyrhynchos	0	24-29	0	4-5	8
Gadwall Anas strepera	0	2-3	0	0	0
Garganey Anas querquedula	0	2-4	0	0	1
Northern shoveler Anas clypeata	0	1-2	0	0	0
Tufted duck Aythya fuligula	0	2-3	0	0	0
Goosander Mergus merganser	2	4-5	1	2	1-2
Common goldeneye Bucephala clangula	0	0-1	0	0	0-1
Corncrake Crex crex	0	0	0	0	3-4
Western marsh harrier Circus aeruginosus	0	0	0	0	1
Eurasian hobby <i>Falco subbuteo</i>	0	1	0	0	0
Common kestrel Falco tinnunculus	0	1	0	1	0
Long-eared owl Asio otus	0	1	0	0	0
Hoopoe <i>Upupa epops</i>	0	2	0	0	0-1
River warbler Locustella fluviatilis	0	1-2	0	0	2-3
Common kingfisher Alcedo atthis	0	1	0	0	0
Sand martin <i>Riparia riparia</i>	0	22	0	0	765-925
European green woodpecker Picus viridis	0	2	0	0	1
Black woodpecker Dryocopus martius	0	2	0	0	1
Eurasian penduline tit <i>Remiz pendulinus</i>	0	4-5	0	0	2

Table 3. Number and density of species (number of pairs/km along the river) of wetland birds on 5-km-long fragments of the Vistula River, transformed by man to different degrees. Data regarding the section where the sand has been excavated from the riverbed since 2007 are bolded.

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2007		Number of species	Nest density / river km ¹		
Characteristics and the kilometers of the Vistula	All Endangered		All species	Endangered species	
Urban, regulated, km 388 to km 393	7-8	1	2.0-2.7	0.5-0.8	
Natural, km 416 to km 420	27	6	39.6-45.6	18.2-19.4	
Regulated, power plant, km 421 to km 425	5 0		1.6-2.0	0	
Sand extraction, km 426 to km 430	8	1	3.8-4.0	0.6	
Natural, km 431 to km 435	21	5	12.4-15.8	3.2-3.6	

(b)

2009	Number of species		Nest density / river km ¹	
Characteristics and the kilometers of the Vistula	All	Endangered	All species	Endangered species
Urban, regulated, km 388 to km 393	6	2	2.0	1.0
Natural, km 416 to km 420	29-30	5	32.6-37.8	11.8-13.0
Regulated, power plant, km 421 to km 425	2-3	0	0.6-0.8	0
Sand extraction, km 426 to km 430	9-10	2	5.4-6.6	1.2
Natural, km 431 to km 435	18-20	4-5	13.8-16.8	3.6-4.4

¹ Nest densities without taking into account the number of black-headed gull and sand martin nests (the most dense and numerous colonies).

2.2. River fragment slightly modified by man (km 394 to km 421)

Below Deblin, the Vistula flows within a riverbed only slightly modified by man. (Table 1). It has an appearance typical for a large, lowland braided river with a network of small side channels, steep banks, low sandy bars which are forming dynamically depending on water levels and islands of various sizes and heights with different stages of vegetation succession: from low, flat and only locally growing scarce herbaceous vegetation, through higher, folded, often covered with grass, to high, with numerous bushes and/or trees, mainly willows and poplars. The width of the riverbed is large and ranges from 600 m to 1500 m. It is a fragment of the Vistula River with the most diverse habitat among the selected ones. At the same time, it is one of the two most valuable sections of the middle Vistula for vertebrates, mainly birds. The five-kilometre-long section of the river between km 416 and km 421 of the waterway was inhabited by at least 27 species of wetland birds during the monitored period, including all threatened species found in the whole monitored area, i.e. the ringed plover, little tern, Eurasian oystercatcher, mew gull, corncrake and hoopoe (Table 2a, b). The overall density of only these species was many times higher than that recorded for the entire avifauna on the man-modified parts of the river, and comparable to the total density of birds on sections of a natural but less diverse habitats (e.g. km 431 to 436, Table 3). General density of wetland avifauna of the riverside is 32.6-45.6 pairs/km, not including the number of nests in the black-headed gull and sand martin colonies (Table 3). If we take this into account, the density of birds is unusually high (337-397 pairs/km along the river), exceeding the figures for primary forests (such as Białowieża Forest), which are considered to be the richest breeding habitats for birds.

2.3. Vistula Valley fragment largely transformed by man (km 421 to km 426)

The character of the discussed fragment of the river is strongly influenced by the presence of the Kozienice Power Plant on the left bank. The section of Vistula River between Kochów and Swierże Górne (Kozienice Power Plant, km 421 to km 426) was almost completely transformed. It is one of the few places in the "Middle Vistula River Valley", except for urban sections (Puławy, Warsaw, Płock), where the river has completely lost its natural character (Table 1). The riverbed here is clearly narrowed and deepened, and the river flows rapidly within one channel. A characteristic element here are numerous concrete groynes and revetments on both banks of the river, and from km 423 onwards, also a concrete bank reinforcement of the power plant. Such a situation almost completely excludes the possibility of birds nesting along the riverside. Only single pairs of lapwings, common sandpipers, little ringed plovers and goosanders, exceptionally also common terns, can be found there (Table 2a, b). The density of birds is very low usually does not exceed 1.0-1.5 pairs/km along the river (Table 3).

2.4. River fragment used for extracting gravel and sand from the bottom (km 426 to km 431)

Below km 426, the hydrotechnical facilities on the Vistula are clearly less numerous (single groynes, built at increasing distances from each other, Table 1), and from the middle of km 429 km there are almost no such facilities. A smaller number of facilities regulating the river does not leave the character of the river unaffected, and thus the attractiveness of the site for the breeding avifauna. First kilometres below the power plant (km 426-428) offer birds few convenient breeding habitats. The only potential site to set up a nest is on the right bank, hydrotechnical facilities (revetments) with grass and willow saplings, and sand depositions formed along the bank between adjacent groynes. With each kilometre, the river becomes more and more natural. Below km 428, islands and sandy bars appear. Along the left bank there are also more extensive sand depositions, the right bank is no longer low and covered with trees. In

the summer of 2007, after the birds finished breeding, between km 426 and km 428, the extraction of gravel and sand from the bottom of the river started. Eight breeding bird species, including the endangered ringed plover, were found along the aforementioned river fragment (Table 2a). Birds nested at a density of 3.8-4.0 pairs/km along the river, i.e. which is almost twice as high as in the case of urban part of the river in Dęblin (Table 3). The ringed plover, settling in the number of three pairs, reached an average density of 0.6 pairs/km along the river (Table 2a, Table 3).

2.5. River fragment slightly modified by man, directly below the gravel and sand extraction point (km 431 to km 436)

This fragment of the river is similar in character to the fragment between km 416 to km 421 (Table 1). The only difference is a slightly narrower riverbed, a smaller number of sandy bars and islands and a more homogenous character of the habitat. Just like upstream, this is a very important breeding area for birds. In 2007, it was inhabited by 21 wetland bird species at an average density of 12.4-15.8 pairs/km along the river (Table 3), and after taking into account the number of nests in the sand martin colonies at a density of 172.4-175.8 pairs/km along the river. Among the threatened species occurring in the whole studied area, the only species whose nest were not found was the Eurasian oystercatcher (Table 2a, b).

3. Assessment of the impact of gravel and sand extraction from the river on nesting habitats and riparian avifauna

It is hard to disagree with the opinion that every large-scale development activity in the riverbed of the middle Vistula River brings a potential risk of a negative impact on the fauna and flora, mainly due to the destruction of the natural character of the river and animal and plant habitats both at the project site and in the adjacent areas, especially those located below the project. The range of the negative impact may be different: in case of a small development local, reaching usually up to several hundred metres; in case of a large one - up to several or even several dozen kilometres. However, it can be assumed with a high degree of probability that there are also situations when human activity in the riverbed does not adversely affect the natural world, and certainly when these changes have only a slight negative impact on the environment and fauna of the Vistula Valley, and the river does not lose its ability to regenerate its most valuable habitats, i.e. islands and sandy bars in the channel and steep banks. This applies to the sandpit in question. Sand is extracted from the Vistula River between km 426 to km 428 of the waterway, reloading and storage of the extracted material - on the left bank, in the immediate vicinity of the river. This means that there is no negative impact on the riverbed and the precious avifauna that inhabits the Vistula Valley above km 421 of the river (Kot et al. 2009, Table 2a, b). It is also difficult to suppose that the activity could harm the river habitats near the Kozienice Power Plant (km 421 to km 426). The existing hydrotechnical facilities have changed the river to such an extent that the birds only exceptionally find their place here during the breeding season, and thus there is no fear that they could be affected by the planned development. There are also no grounds to state that the extraction of sand in this site significantly affects the condition of the avifauna in the immediate vicinity of the development (km 426-431), or that it causes changes in the undeniably precious avifauna, which we note below, i.e. in the part of the river between km 431 and km 436. Changes and condition of wetland avifauna in the period before and several years after the start of this development are shown in Table 4. If we take into account the five-kilometre section of the river where gravel and sand have been mined since 2007, regardless of whether we analyse the number or abundance of the birds in the years 2005-2007, whether eight to ten species (most often nine species) were found here in the years 2008-2010, including one to three endangered species, nesting at an average density Table 4. Species richness, abundance and total density (italic) along the river of wetland birds on a 5-km-long fragment of the Vistula River (km 426 to km 431 of the river) in the years before and after the beginning of sand mining from the riverbed. Threatened species are bolded. Year - 2 – two years before sand mining; year = 0 – a year of the beginning of sand mining (after breeding season of birds); year + 1, +2, +3 – the second, the third and the fourth year of sand mining.

	Number of pairs in the Vistula riverbed habitat, km 426 to km 431 of the river					
Species	2005 = year -2	2007 = year 0	2008 = year +1	2009 = year +2	2010 = year +3	
Mew gull Larus canus	1	0	1	1	1	
Common tern Sterna hirundo	5-8	0	5-7	10-12	7-10	
Little tern Sternula albifrons	1-2	0	4-6	5	3-5	
Little ringed plover Charadrius dubius	2	4	1	0-1	2-3	
Ringed plover Charadrius hiaticula	1	3	1	0	0-1	
Lapwing Vanellus vanellus	3	3	1	2	2	
Common redshank Tringa totanus	2	4	2	1	1	
Common sandpiper Actitis hypoleucos	1	1	0	1-2	3	
Black-tailed godwit <i>Limosa limosa</i>	0	1	0	0	0	
Mallard Anas platyrhynchos	4-5	2-3	3-4	4-5	3-4	
Garganey Anas querquedula	1	0	0	1-2	0	
Goosander Mergus merganser	0	1	3	2	3-4	
Number of species: Total (endangered)	10 (2)	8 (1)	9 (2)	9-10 (2)	9-10 (2-3)	
Total density: All species pairs/km (endangered)	4.2-5.2 (0.2-0.4)	3.8-4.0 (0.6)	5.0-5.6 (1.0-1.2)	5.4-6.6 (1.2)	5.0-6.6 (0.8-1.4)	

of 3.8-5.0 pairs/km (min) to 4.0-6.6 pairs/ km (Table 3, Table 4). There were also no significant differences or trends in the species composition of the entire avifauna of the valley (Table 2a, b). The extraction of sand did not affect in any way the species richness and abundance of birds along the fragment of the river below the development. In the year when the project was launched, below km 431 of the waterway, 21 wetland bird species were found, nesting at a density of 12.4-15.8 pairs/km. After two years of extraction, the site was inhabited by 18-20 bird species, reaching a density of 13.8-16.8 pairs/km (Table 3).

The situation and changes in the avifauna of the inspected sites are influenced not so much by the low harmfulness of this type of development as by its location. It should be stressed that gravel and sand are extracted only over a distance of two kilometres, a largely regulated river, and the part of the river located directly above the sandpit is practically inaccessible to birds (Kozienice Power Plant). This area is a "specific buffer zone" between areas that are attractive and very important for birds and those that cannot be used by birds during the breeding season. With a probability verging on certainty, it can be assumed that in a situation where gravel and sand extraction would take place on a fragment of the river between km 393 to km 421 or below km 431 of the waterway, the negative impact on the breeding habitats and riparian avifauna would be clearly noticeable and, what is worse, probably irreversible.

4. Importance of the Vistula Valley between km 388 and km 436 of the river for birds during the breeding season

Taking into account the condition of the avifauna presented in Table 2a, b and Table 3, there is no doubt that the section of the valley between km 416 and km 421, and km 431 and km 436 (a slightly man-modified river with steep banks, numerous islands and sand bars in the channel) is more valuable in terms of fauna than that of the commercial-use area between km 426 and km 431 (a sandpit) and definitely more attractive for birds than the heavily regulated section near the Kozienice Power Plant (km 421 to km 426). The monitored 47-kilometre-long fragment of the valley (Table 1) is currently a unique habitat for birds on an international scale. It is one of the very few places in the world where you can find bird community typical for riverbeds of large, unregulated lowland rivers - a habitat that due to human activity is irretrievably disappearing.

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