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## EXPERIMENTAL PAPER

# Antioxidant, antibacterial properties and the light barrier assessment of raw and purified melanins isolated from *Citrullus lanatus* (watermelon) seeds

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## Summary

**Introduction:** The nutritive value and therapeutic activity of watermelon seeds is known, but up to day no studies on isolation and characterisation of their melanin were conducted.

**Objective:** The aim of the study was to evaluate the antioxidant, antibacterial and light barrier properties of raw and purified melanins isolated from watermelon seeds.

**Methods:** Native melanin was isolated from seeds by alkaline extraction. Obtained pigment was purified by acid hydrolysis. Chemical tests and FT-IR analysis were conducted to determine the melanin nature of the isolated pigments. UV-Vis, transmittance and colour properties were evaluated spectrophotometrically. Antioxidant activity was determined using ABTS and antibacterial activity through a well diffusion method.

**Results:** The results of the study demonstrated that melanins isolated from watermelon seeds had antioxidant, light barrier and antibacterial properties. A purified form of melanin had higher antioxidant activity and light barrier properties than the raw form. Both melanins inhibited the growth of *Enterococcus faecalis* and *Pseudomonas aeruginosa*.

**Conclusions:** Watermelon seeds may be considered as a promising source of natural melanin which possess remarkable therapeutic action that can support the traditional use of this plant in the ethnomedicine.

**Key words:** *melanin, Citrullus lanatus, watermelon, antioxidants, antibacterials, light barrier*

## INTRODUCTION

*Cucurbitaceae* is a large plant family consisting of 120 genera and approximately 825 species typically distributed in tropical countries, poorly represented in the temperate regions. The vegetable crops of family *Cucurbitaceae* are important in horticulture, mostly grown for their sweet and juicy fruit in warm climates all over the world. *Cucurbitaceae* are an important source of food, like: pumpkin (*Cucurbita pepo*), melon (*Cucumis melo*), cucumber (*Cucumis sativa*), watermelon (*Citrullus lanatus*), bottle gourd (*Lagenaria siceraria*) and sponge gourd (*Luffa cylindrica*) [1-4]. The *Citrullus lanatus* L. is one of the most popular species, with high water content, which can be as high as 92% of total weight, found in most parts of Africa, Asia, United States and Russia [5]. It is an important horticultural crop, mainly harvested for juice and juice concentrates, being an excellent source of vitamins, such as vitamin A and C [2, 5, 6]. Although seeds are not routinely eaten with pulp, constitute about 1 to 4% of total fruit weight. These seeds are discarded each year, either as cheap forage or simply thrown away [5]. Seeds are often disposed as waste since there are no current commercial utilisation purposes, but they are a promising source of useful compounds due to their possible nutritional properties [5, 7].

Watermelon seeds are known to be highly nutritional. They are rich source of proteins, vitamins B, minerals (such as magnesium, potassium, phosphorus, sodium, iron, zinc, manganese and copper) and fat as well as phytochemicals [1-3, 8]. Seeds contain polyunsaturated fatty acids such as omega-6 (linoleic acid), monounsaturated fatty acids, such as omega-9 (oleic acid). They also consist of saturated fatty acids, such as palmitic acid and stearic acid [2]. *C. lanatus* seeds were found to be rich in  $\gamma$ -sitosterol,  $\beta$ -sitosterol, vitamin E and lupeol. They also contain polyphenols, saponins, alkaloids and flavonoids [2, 9, 10]. The seeds are small, dark brown or light (depending on the variety), smooth, 0.4–1.1 cm long and 0.2–0.3 cm wide [1, 11, 12]. The seeds of watermelons are known to have economic benefits especially in countries where cultivation is increasing. The seeds can be used to prepare snacks, milled into flour and used for sauces [12]. Oil from seeds is used in cooking and incorporated in the cosmetic industry. In spite of various potential applications, watermelon seeds are often discarded, while the fruit is eaten. There is also limited literature on the effect of the variety of nutritional, phytochemical and antioxidant properties of watermelon seeds [3].

*C. lanatus* has been used for centuries in treatment of various ailments. It is an important medicinal plant in the Ayurveda and Indian traditional systems of medicine. The plant is rich in flavonoids, alkaloids, saponins, glycosides, tannins and phenols. Its nutritive values are also beneficial to human health. The plant has been extensively studied by various researchers for its pharmacological activities and therapeutic approaches such as antibacterial, antifungal, antimicrobial, antiulcer, antioxidant, antidiabetic, anti-inflammatory, gastroprotective and analgesic, laxative, anti-giardial, hepatoprotective, against prosthetic hyperplasia and also atherosclerosis. The fruit is used in cooling, strengthening, as an aphrodisiac and astringent to the bowels, indigestible, expectorant, diuretic, and a stomachic as well as a blood purifier. It also allays thirst, cures biliousness, sore eyes, scabies and itches [1, 4, 9, 10, 13].

Melanins have been isolated from a variety of phylogenetic sources: animals [14], plants (including seeds) [15-21], bacteria [22, 23] and fungi [24, 25]. Melanins are commonly represented as black and brown pigments, the high molecular weight heterogenous polymers derived from the oxidation of monophenols and subsequent polymerization of intermediate o-diphenols and quinones [26]. Melanins are types of pigments, possessing broad biological activities including antioxidant, radioprotective, thermoregulative, chemoprotective, antitumor, antiviral, antimicrobial, immunostimulating and anti-inflammatory [14-26]. Based on these features, natural melanin has the potential to be of great value and application in the fields of pharmacology, cosmetics and functional foods [27]. However, wider knowledge on the pharmacological and biological activities of melanins from *C. lanatus* is very limited. In recent years there has been a revival of interest regarding the development of natural colorants for use as food additives, and in the cosmetic and pharmaceutical industries. This has been encouraged by strong consumer demand, as synthetic colorants are frequently perceived as undesirable or harmful [28]. Owing to the high toxicity of synthetic compounds, the search for new natural colorants with antiradical, light barrier and antimicrobial properties, still remains a challenge for modern science.

While a lot of information abounds in the properties and oil content of watermelon seeds, there is dearth of information on the phytochemicals and radical scavenging potential of melanin from these seeds. The aim of this study was to investigate the antioxidant, antimicrobial and light barrier properties of raw and purified melanins isolated from

*C. lanatus*. This represents a first report on the isolation and biological activities of melanins from watermelon seeds.

## MATERIAL AND METHODS

### Plant material

Fresh fruits of watermelon Crimson Sweet (*Citrullus lanatus*) were purchased in local market in Szczecin (Poland). Seeds were removed from flesh manually and rinsed three times with distilled water then dried at room temperature.

### Chemicals

NaOH, HCl, FeCl<sub>3</sub>, AgNO<sub>3</sub>, H<sub>2</sub>O<sub>2</sub>, acetone, ethanol, ethyl acetate, chloroform, DMSO and methanol (Chempur, Poland) were used to extract, purify and offer up a characterisation of the active substances from the *C. lanatus* seeds. ABTS and KBr (Sigma Aldrich) were also used in this study.

To verify the antimicrobial properties of any melanin, Mueller-Hinton broth and Mueller-Hinton agar media (Merck, Germany) were used. All media were prepared according to the Merck protocol.

### Extraction and purification

The isolation and purification of melanin was performed as described by Łopusiewicz [24]. To summarise, 5 g of seeds were soaked by 50 ml of 1 M NaOH, extracted in orbital shaker (150 rpm, 50°C, 24 h) and centrifuged at 6000 rpm for 10 min to remove plant tissue. Alkaline CL-RM (*C. lanatus* raw melanin) mixture was at first adjusted to pH 2.0 with 1 M HCl to precipitate melanin, followed by centrifugation at 6000 rpm for 10 min and a pellet was collected. Then, the pellet was hydrolyzed in 6 M HCl (90°C, 2 h), centrifuged (6000 rpm, 10 min) and washed by distilled water five times to remove acid. The pellet was washed with chloroform, ethyl acetate and ethanol three times to wash away lipids and other residues. Finally, the purified melanin (CL-PM – *C. lanatus* pure melanin) was dried, ground to a fine powder in a mortar and stored at –20°C until testing.

### Chemical tests

Different diagnostic tests, as described by Selvakumar *et al.* [29], were conducted on the CL-RM and CL-PM isolated melanins, in comparison with L-DOPA melanin used as a melanin standard. The testing of organic solvents included ethanol, methanol, chloroform, ethyl acetate, acetone and DMSO.

### Ultraviolet-visible absorption and transmittance spectra

Melanin solutions were prepared at concentration 0.1 mg/ml and UV-Vis absorption spectra were measured between 200 and 800 nm. The absorbance ratio ( $A_{300}/A_{600}$ ) values and plots of optical densities against wavelengths of melanins were also calculated [18, 24, 29]. Transmittance values were measured between 200 and 800 nm at 0.01; 0.05; 0.1; 0.5 and 1 mg/mL for CL-RM and CL-PM; for L-DOPA melanin 0.01; 0.05; 0.1; 1 mg/ml concentrations were measured. All spectrophotometric assays were conducted in a Thermo Scientific Evolution 220 spectrophotometer.

### IR spectroscopy

The IR spectra of melanins solid samples were obtained at a room temperature by attenuated total reflection with a Fourier transform infrared spectrometer (Perkin Elmer). The samples were evenly mixed with 400 mg KBr, and pressed into tablets, then scanned at a range from 650 cm<sup>-1</sup> to 4000 cm<sup>-1</sup> (64 scans and 1 cm<sup>-1</sup> resolution) [18, 28]. The spectra were normalized, baseline corrected and analyzed using SPECTRUM software.

### The antioxidant activity (ABTS assay)

The ABTS assay was performed according to Łopusiewicz [24]. Radical 2,2'-azino-bis(3-ethylbenzothiazoline)-6-sulphonic acid (ABTS<sup>•+</sup>) was produced by mixing 7 mM ABTS with 2.45 mM potassium persulfate (5 ml of ABTS + 5 ml of potassium persulphate 4.9 mM). The mixture was incubated in darkness at a room temperature for 16 h, diluted with 7 mM phosphate buffer (pH 7.4) to reach an absorbance of between 1.0 and 1.2 at 734 nm. For the ABTS assay, 50 μl of melanin (CL-RM, CL-PM, L-DOPA melanin; 0.0625; 0.125; 0.25,

0.5; 1 mg/ml), or dissolvent as a control, were mixed with 1.95 ml of ABTS+ solution, incubated in darkness for 10 min at 37°C, and then the absorbance was measured at 734 nm and antioxidant activity (%AA) was calculated as  $\%AA = [(A_c - A_m) / A_c] \times 100$ ; where  $A_c$  and  $A_m$  are absorbances for control and melanin sample, respectively.

### The visual colour of melanins

The visual colour of melanin solutions (0.1 mg/ml) values were measured by a Konica Minolta CR-5 colorimeter with the Hunter LAB colour system. The colour values were expressed as L\* (brightness/darkness), a\* (redness/greenness) and b\* (yellowness/blueness) as an averages of five measurements with standard deviations.

### The antibacterial activity of isolated melanins

Test microorganisms, including *Bacillus cereus* ATCC14579, *Enterococcus faecalis* ATCC29212, *Escherichia coli* DSMZ1576, *Pseudomonas aeru-*

poured on 90 mm Petri dishes. Wells were cut out by sterile tips (9 mm diameter) in triplicate on each plate, and 100  $\mu$ l of melanin solutions at 0.1 mg/ml in DMSO were placed in the wells. DMSO served as a control. Plates were incubated at 37°C for 24 h. The inhibition zones were measured after incubation. The results were presented as an average of three samples with standard deviation.

*Ethical approval: The conducted research is not related to either human or animal use.*

## RESULTS

The results of the study demonstrated that raw and purified black pigments from *C. lanatus* had antioxidant, antibacterial and light barrier properties. The CL-RM and CL-PM pigments presented all of the physical and chemical properties common to natural melanins, and the experimental data within this work were found to be comparable to those reported in literature. The results are summarized in Table 1, which also shows the properties of the L-DOPA melanin sample used as a melanin standard.

**Table 1.**  
Diagnostic tests for melanins

Test	Diagnostic tests for melanins		
	CL-RM	CL-PM	L-DOPA melanin
1. Solubility in water	Insoluble	Insoluble	Insoluble
2. Solubility in organic solvents (acetone, chloroform, ethanol, ethyl acetate, methanol)	Insoluble	Insoluble	Insoluble
3. Solubility in 1 M NaOH	Soluble	Soluble	Soluble
4. Precipitation in acidic conditions	Precipitation	Precipitation	Precipitation
5. Reaction with oxidizing agents (H <sub>2</sub> O <sub>2</sub> )	Decolorized	Decolorized	Decolorized
6. Reaction with ammoniacal AgNO <sub>3</sub> solution	Positive	Positive	Positive
7. Reaction for polyphenols (FeCl <sub>3</sub> test)	Brown precipitate	Brown precipitate	Brown precipitate
8. Colour	Reddish-black	Reddish-black	Black

Positive – gray-coloured silver precipitate on tube side

*ginosa* ATCC27853 and *Staphylococcus aureus* DSMZ346 were separately cultivated in Mueller-Hinton broth. The antibacterial activity was tested through a well diffusion method. 50 ml of Mueller-Hinton broth was inoculated by a single bacterial strain and incubated at 37°C for 24 h. Mueller-Hinton agar was autoclaved and on reaching approx. 45°C, 200  $\mu$ l of bacterial suspension was added to 20 ml of the medium, vigorously vortexed and

Figure 1 shows CL-RM and CL-PM have maximum absorption peaks at 221 nm and 223 nm, respectively, and exhibited an exponential decrease in the visible region. This CL-RM and CL-PM behaviour was similar to the melanin synthesized from L-DOPA, which is used as a melanin standard. Figure 2 shows that the log of optical density of melanin solutions when plotted against wavelength produces straight lines with negative slopes ranging from

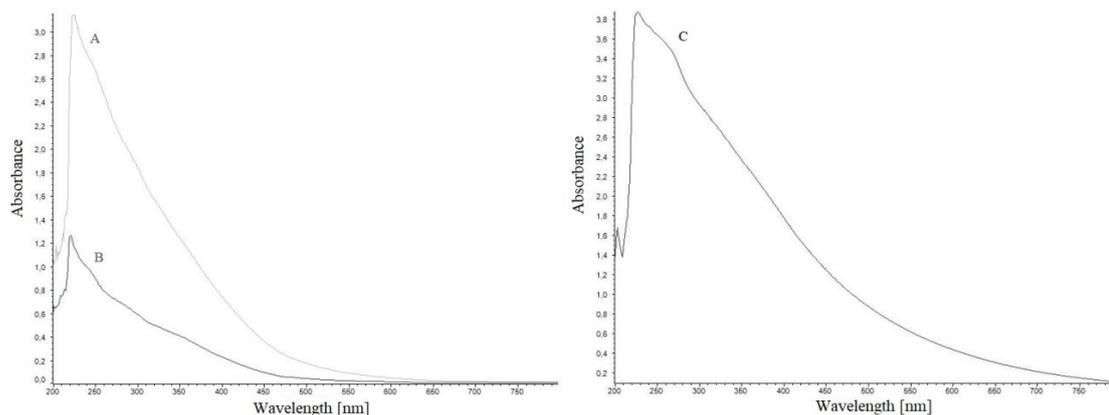


Figure 1.

The absorbance of CL-PM (A), CL-RM (B) and L-DOPA melanin (C)

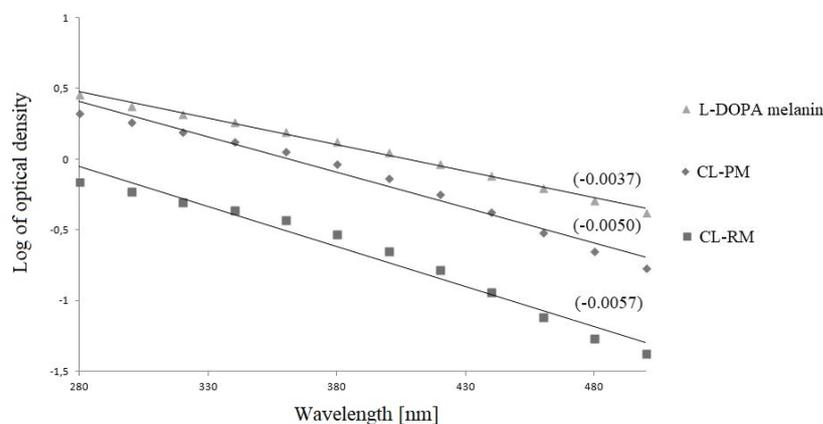


Figure 2.

Plot of log of optical density against wavelength for L-DOPA melanin, CL-PM and CL-RM

-0.0037 and -0.0050 to -0.0057, for L-DOPA melanin, CL-PM and CL-RM, respectively.

The light barrier properties of CL-RM, CL-PM and L-DOPA melanin are shown in figure 3. It was noted that in all analysed concentrations, the CL-RM transmittance values were higher than those of corresponding CL-PM, which suggests that in purified form, melanin had better light barrier properties, even when the transmittance values of CL-PM were smaller than the synthetic melanin.

Table 2.

The visual colour values of CL-RM, CL-PM and L-DOPA melanin (mean±SD, n=5)

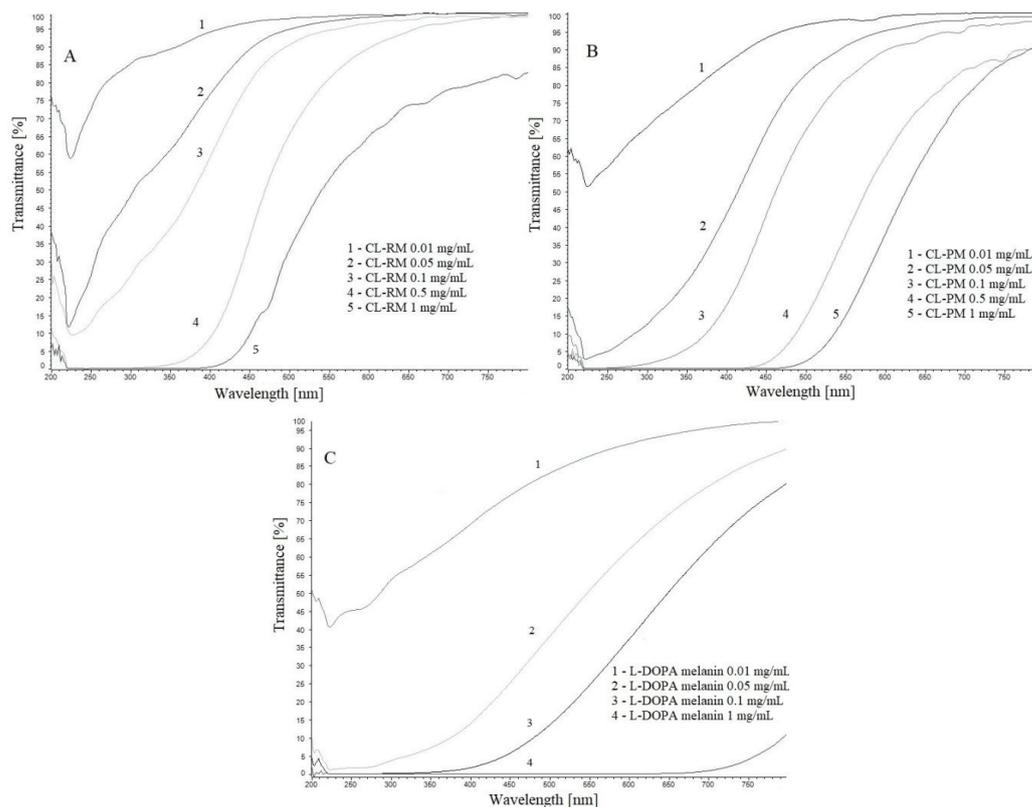
	L*	a*	b*
CL-RM	97.87±0.00	-1.71±0.01	10.42±0.03
CL-PM	91.85±0.04	-0.84±0.00	32.85±0.05
L-DOPA melanin	74.87±0.02	10.56±0.01	47.74±0.01

L\*- brightness/darkness  
a\*- redness/greeness  
b\*- yellowness/blueness

The colour values of CL-RM, CL-PM and synthetic melanin are shown in table 2. Results from the colorimeter indicated that CL-PM presented lower L\* value, and higher a\* and b\* values than CL-RM in Hunter Lab colour system.

In general, the %AA values of CL-PM were higher than those of CL-RM, and the %AA of both melanins were lower than the corresponding concentrations of L-DOPA melanin, as shown in table 3.

Figure 4 shows the IR-spectra of CL-RM, CL-PM and L-DOPA melanin. Extra display broad absorption bands at 3600–3000 cm<sup>-1</sup> were noted, attributed to stretching vibrations of C-H, N-H and/or O-H groups. The C-H could be due to the presence of aromatic rings, with strong bands at 1627 cm<sup>-1</sup> and 1625 cm<sup>-1</sup>, for CL-RM and CL-PM, respectively, which corresponds to the vibration of aromatic C=C, and more intense in CL-PM. Two peaks at 2919 cm<sup>-1</sup> to 2863 cm<sup>-1</sup> in both melanins may result from the oscillation of aliphatic CH<sub>2</sub> and CH<sub>3</sub> groups. The



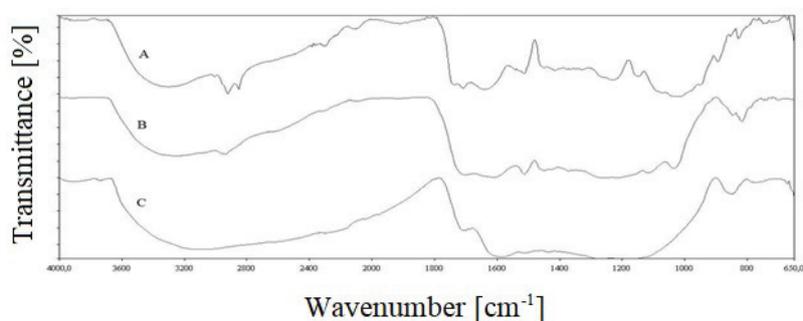
**Figure 3.**

Transmittance values [%] of CL-RM (A), CL-PM (B) and L-DOPA melanin (C)

**Table 3.**

The antioxidant activity (%AA values, [%]) of CL-RM, CL-PM and L-DOPA melanin at various concentrations [mg/ml] (mean $\pm$ SD,  $n=3$ )

CL-RM [mg/ml]	%AA [%]	CL-PM [mg/ml]	%AA [%]	L-DOPA melanin [mg/ml]	%AA [%]
0.0625	11.1 $\pm$ 0.32	0.0625	13.57 $\pm$ 1.12	0.0625	20.31 $\pm$ 0.26
0.125	24.50 $\pm$ 0.05	0.125	16.59 $\pm$ 0.32	0.125	31.51 $\pm$ 1.04
0.25	35.85 $\pm$ 0.12	0.25	26.82 $\pm$ 0.11	0.25	50.75 $\pm$ 0.18
0.5	44.13 $\pm$ 0.21	0.5	49.06 $\pm$ 0.28	0.5	95.91 $\pm$ 0.33
1	79.18 $\pm$ 0.09	1	92.48 $\pm$ 0.17	1	97.16 $\pm$ 0.05



A - CL-RM  
B - CL-PM  
C - L-DOPA melanin

**Figure 4.**

Infrared spectra of CL-RM, CL-PM and L-DOPA melanin

bands at 1224 cm<sup>-1</sup> and 1221 cm<sup>-1</sup> due to C-N and C-O, would support the presence of phenols and aromatic amines. It is difficult to state whether there is an amide group, as the C=O group that it complements might be joined in the band corresponding to the aromatic C=C. There are differences between the CL-RM and CL-PM spectra which may be a result of the purification process.

The results of an antibacterial activity assessment of CL-RM and CL-PM are demonstrated in table 4. The zones of growth inhibition of *E. faecalis* and *P. aeruginosa* were 11.3±0.3 mm and 13.9±0.2 mm for CL-RM, respectively, while CL-PM, were 11.2±0.2 mm and 12.4±0.4 mm. No inhibition on *B. cereus*, *E. coli* and *S. aureus* was observed.

been obtained for some fungi [24, 25, 29]. CL-RM and CL-PM had straight lines with negative slopes of -0.0057 and -0.0050, respectively, indicating that black pigments are melanins.

Infrared spectroscopy has been used in the chemical structure study of many melanins. It has been suggested that identical melanin structures do not exist in nature and their chemical characterization is a complicated task. Their composition depends not only on their different monomeric units, but also on environmental conditions during polymerization. Infrared spectrometric techniques offer information on the main functional groups in the melanin structure [18, 24, 27, 28]. A detailed comparative analysis of the infrared spectra of the melanins studied may supply valuable information on the effect of each

**Table 4.**

The antibacterial activity of CL-RM, CL-PM and L-DOPA melanin (zones of growth inhibition, mm), (mean±SD, n=3)

CL-RM [mg/ml]	BC	EC	EF	PA	SA
CL-RM	-	-	11.3±0.3	13.90±0.2	-
CL-PM	-	-	11.2±0.2	12.4±0.4	-
L-DOPA melanin	-	-	11.4±0.2	13.1±0.1	-

- - no inhibition zone, BC - *B. cereus* ATCC14579, EC - *E. coli* DSMZ1576, EF - *E. faecalis* ATCC29212, PA - *P. aeruginosa* ATCC27853, SA - *S. aureus* DSMZ346

## DISCUSSION

Through the work on this study, it becomes clear that melanins isolated from *C. lanatus* possess promising antioxidant, light barrier and antibacterial properties.

Chemical tests and FT-IR conducted on isolated pigments that were compared to the synthetic L-DOPA melanin clearly demonstrated that they are melanins. Purified melanin (CL-PM) was obtained by acid hydrolysis, repeated precipitation and purification through the use of organic solvents. The structure of melanin polymers is little understood and an accurate definition of melanin is still required. However, the following criteria indicate melanin to be black/brown in colour, insoluble in water and most other organic solvents, resistant to degradation by hot or cold acids, bleached by oxidizing agents and solubilised by alkali solutions [30].

A decrease in absorption with increasing wavelength is almost linear in melanins. Hence, the slopes of linear plots are often used to identify melanin. The log of optical density of melanin solutions when plotted against wavelength produces straight lines with negative slopes. Such characteristic lines have

treatment step used to purify the melanin and the distinct functional groups prevailing in the various samples.

There was no absorption peak between 260–280 nm in the UV spectra, indicating, that melanins do not contain proteins and nucleic acids [31]. The UV-Vis absorption spectra of the impure (RM) and purified (PM) melanins were similar to those reported in other literature.

In general, melanins are dark because they do not re-radiate the absorbed visible or invisible light, but transform the energy into rotational and vibrational activity within the molecule and then dissipate it as heat. This phenomenon protects melanised tissues against light-induced damage [18, 26]. It was reported that the seed coat affected various factors, such as its water uptake, seed dormancy, seed quality due to colour pigments in seed coat and germination [32, 33]. It is known that differences in the amount of some colour pigments result in colour differences of the seed coats. For example, it was found that in rapeseed, water uptake and tolerance to excessive water was significantly correlated with seed coat colour and melanin pigment amount. Seeds having red and black coat were found to have higher melanin

pigment. In addition, coloured types had a slow water uptake, low electrical conductivity and high tolerance to slow water uptake. In yellow-coloured seeds, lower melanin content and faster water uptake were observed [34]. Nerson [32] found that immature seeds of watermelon cv. Sugar Baby take more water than mature seeds, however the study presented no data on seed coat colour [32, 33].

The high antioxidant activity of melanins was expected because the protection against UV-radiation and free radical scavenging are their main functions [18, 26]. The effects of free radicals on human beings are closely related to toxicity, disease and aging [5]. Most living species have an efficient defence system to protect themselves against the oxidative stress induced by Reactive Oxygen Species (ROS). The antioxidants can interfere with the oxidation process by reacting with free radicals, chelating free catalytic metals and also by acting as oxygen scavengers [10]. The ability of melanin to scavenge ROS, such as singlet oxygen, hydroxyl radical and superoxide anion, has been firmly established in model systems, suggesting that melanin could protect pigment cells against oxidative stress that may accompany the formation of ROS in cells [5]. Even though critical damage to oxidatively stressed cells may result from the reaction of crucial cellular constituents with ROS, an efficient antioxidant may protect the cells by scavenging other oxidizing radicals such as the peroxy radical, and by interacting with molecular oxygen [35]. There are reports about the antioxidant activity of *C. lanatus* seeds extracts, and the potency of antioxidant power depends on the type of extract [1-4, 10]. According to Rahman *et al.* n-hexane extract from *C. lanatus* seeds exhibit the highest antioxidant activity [10]. It is widely accepted that antioxidant phytochemicals in foods have many health benefits including the prevention of various diseases associated with oxidative stress such as cancer, cardiovascular disease, neuro-degeneration and diabetes [5]. Melanins may be extracted only in alkaline conditions, thus in previous works conducted by other authors, using organic solvents and water were possibly not considered as a constituent of total antioxidants of *C. lanatus* seeds. The high antioxidant activity of melanins isolated from various sources have been reported by the other authors [14-29].

The  $A_{300}/A_{600}$  ratios offer information about the oxidation state and the range size of melanin molecules [18]. Melanin oxidation induces lower absorbance values at 600 nm ( $A_{600}$ ), and the  $A_{300}/A_{600}$  absorbance ratio was proposed as a measure of the oxidation extent, high values corresponded to greater

oxidized melanin molecules. It has also been argued that during melanin oxidation, phenolics are converted to semiquinones or quinones, which produce more oxidized (higher  $A_{300}/A_{600}$  absorbance ratios) and smaller melanin molecules (molecular weight < 1000 Da) [28]. CL-RM showed higher value (39.73) than its corresponding pure CL-PM (38.38) and L-DOPA melanin (16.00). These data support the fact that CL-RM are a more complex mixture of melanin molecules that those of CL-PM, with a variability in size and degree of oxidation. These data are consistent with results of Cuevaz-Juárez *et al.* [18], Łopusiewicz [24, 25] and also with observations made by Hung *et al.* [36] who noted that oxidized and reduced melanins obtained from fruits, fungi and black tea have differences in their absorption spectra. Reduced forms of melanin have phenolic form prevalence, which when oxidized, show a preponderance for quinone forms.

Antimicrobial assessment results are partially consistent with results found by other authors. Both melanins showed antibacterial activity against *P. aeruginosa* and *E. faecalis*. No antibacterial activity towards *B. cereus*, *E. coli* and *S. aureus* was observed. In previous works, crude extracts of watermelon seeds using hot and cold water, methanol and ethanol showed the antimicrobial activity using the standard disc diffusion assay method against pathogenic microorganisms including *B. cereus*, *E. coli*, *Klebsiella pneumoniae*, *P. aeruginosa* and *S. aureus* [1, 13, 37]. In another study, crude extracts of *C. lanatus*, *C. colocythis* and *C. vulgaris* were very effective against bacteria and some fungal strains. An ethanolic extract was found to be more effective than respective aqueous and chloroform extracts [1]. The zone of inhibition was found to be at a maximum in *E. coli* and minimum in *S. aureus*. The fungal zone of inhibition was found more in *Candida albicans* and less in *Trichosporon begelii* [1, 38, 39]. The results of the study are supported by results of Łopusiewicz [24, 25], who noted antimicrobial activity of melanins from *Exidia nigricans* and *Scleroderma citrinum* against *E. faecalis* and *P. aeruginosa*. Helan Soundra Rani *et al.* [40] observed the antimicrobial activity of melanin isolated from halophilic black yeast *Hortaea werneckii*. Laxmi *et al.* [23] observed that the growth of *P. aeruginosa* was inhibited in the presence of melanin obtained from *Providencia rettgeri*, but in their study some *Bacillus* species were sensitive to melanin. Xu *et al.* [41] analysed the antimicrobial activity of melanin from *Lachnum* YM30 and noted that it was active against a wide spectrum of bacteria including *S. aureus*. The authors suggest

that melanin antibacterial activity might result from damage of the cell membrane and affect the bacteria membrane function. A discrepancy in melanin antimicrobial activity may result from differences within the molecule structure and composition [42]. The antimicrobial effects of melanin from *C. lanatus* seeds against the studied bacteria suggest that, it possess remarkable therapeutic action that can support the traditional use of this plant in the treatment of bacterial diseases such as diarrhoea, gastrointestinal infection, as well as respiratory and skin diseases [1].

*Conflict of interest: Author declares no conflict of interest.*

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## **Właściwości antyoksydacyjne, antybakteryjne i barierowe względem światła natywnych i oczyszczonych melanin wyizolowanych z nasion arbuza (*Citrullus lanatus*)**

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## Streszczenie

**Wstęp:** Wartość odżywcza i terapeutyczna nasion arbuza jest znana, ale dotychczas brak jest badań na temat izolacji i charakterystyki ich melanin.

**Cel:** Celem pracy było określenie właściwości antyoksydacyjnych, antybakteryjnych i barierowych względem światła natywnych i oczyszczonych melanin z nasion arbuza.

**Metody:** Natywna melanina została wyizolowana z nasion w środowisku zasadowym. Otrzymany pigment został oczyszczony w wyniku hydrolizy kwasowej. Przeprowadzono testy chemiczne oraz analizę FT-IR aby określić charakter otrzymanych barwników. Widma UV-Vis, transmitancję oraz kolor oznaczono spektrofotometrycznie. Właściwości antyoksydacyjne określono za pomocą ABTS a właściwości przeciwbakteryjne metodą dyfuzyjną-studzienkową.

**Wyniki:** Wyniki niniejszej pracy wskazują na to, że melaniny pozyskane z nasion arbuza charakteryzują się właściwościami antyoksydacyjnymi, barierowymi względem światła i przeciwbakteryjnymi. Oczyszczona melanina miała wyższe niż forma natywna właściwości przeciwutleniające i barierowe względem światła. Obie melaniny hamowały wzrost *Enterococcus faecalis* i *Pseudomonas aeruginosa*.

**Wnioski:** Nasiona arbuza mogą stanowić obiecujące źródło naturalnej melaniny, która dzięki swoim właściwościom może stanowić uzupełnienie tradycyjnego zastosowania tej rośliny w etnomedycynie.

Słowa kluczowe: *melanina*, *Citrullus lanatus*, *arbuz*, *antyoksydanty*, *substancje antybakteryjne*, *barierowość względem światła*